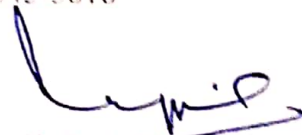


Imphal, the 2nd June 2020.

Guidelines for passengers arriving Manipur

1. All asymptomatic persons, including stranded persons arriving in Manipur will be quarantined at Institutional/ Community Quarantine Centers for 14 days. The following category of persons are however to proceed directly to IIIT Institutional Quarantine Center; Mantripukhri Imphal West, after health screening at Imphal Air port/Mao/Jiribam screening centers to avoid exposure:
 - Pregnant women
 - Persons with uncontrolled Diabetes,
 - Persons with uncontrolled Hypertension
 - Persons with decompensated Heart Failure
 - Persons with chronic Kidney Disease requiring Renal Transplant
 - Post Renal Transplant patients
 - Persons with complicated Liver Diseases
 - Cancer patients under active treatment
 - Persons with under active treatment for mental disorder
 - Parents accompanying children below 10 years
 - Immunocompromised persons
 - Attendants of arriving persons with medical conditions needing assistance.
2. The Medical Officer i/c at Airport/Mao Jiribam gate will verify the documents/conditions of the passengers of above category and they should go to IIIT, Mantripukhri directly. Test for COVID 19 will be done on priority and discharged from the Quarantine Center as soon as Negative result comes.
3. Symptomatic passengers will be immediately isolated and managed as per protocol.
4. Self declaration form in duplicate shall be filled up by the person in the flight and a copy will be given to the Health and Mitigation Officials present at the Airport.
5. All arriving persons proceeding to Quarantine Centers should download Arogya Setu app and QuarMon app from the link quarmonmanipur.nic.in on their mobile phone on discharge from the Quarantine Center for Home Quarantine.
6. The following health advisory is to be followed without exemption
 - Social distancing is to be strictly maintained throughout quarantine period.
 - Hand should be washed frequently with soap/alcohol based hand sanitizer.
 - Use tissue, handkerchief, respiratory etiquettes using flexed elbow when coughing/sneezing.
 - Always use mask.
 - Avoid frequent touching of eye, nose and face.
 - If symptom develops, please contact toll free No. 1800-345-3818


Dr. K. Rajo Singh.

Director Health Services, Manipur