



क्षेत्रीय आयुर्विज्ञान संस्थान, इंपाल: मणिपुर  
**REGIONAL INSTITUTE OF MEDICAL SCIENCES, IMPHAL, MANIPUR**  
 (स्वास्थ्य और परिवार कल्याण मंत्रालय, भारत सरकार के अंतर्गत एक स्वायत्त संस्थान)  
 (An Autonomous Institute under the Ministry of Health & Family Welfare, Govt. of India)

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**C I R C U L A R**

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**NO. STC/46/2026-STC:** All Officials, Faculty Members, Staff and Students of the Regional Institute of Medical Sciences, Imphal, are hereby informed that the International Day of Yoga, 2026, under the theme **“Yoga for Healthy Ageing”**, will be observed on 21<sup>st</sup> June, 2026 at Gym Khana, RIMS, Imphal.

2. The schedule of programme is as shown below:

Assembly: 6:30 AM

Yoga Session: 7:00 AM onwards

Venue: Gymkhana, RIMS, Imphal

3. Accordingly, all Officials, Faculty Members, Staff and Students of RIMS, Imphal are hereby requested to participate in the programme.

4. This issues with the approval of the Director.

(Kh. Tomba Meetei)

Deputy Director (Admn.) i/c

Copy to:

1. The P.S. to Director – for kind information.
2. The Medical Supdt., RIMS Hospital, Imphal.
3. The Dean (Academic), RIMS, Imphal.
4. The Principal, Dental College, RIMS, Imphal.
5. The Principal, College of Nursing, RIMS, Imphal.
6. All Heads of Departments/Sections/Units and Dental College, RIMS, Imphal.
7. The C.A.O/F.A., RIMS, Imphal.
8. The Chief Nursing Officer i/c, RIMS, Imphal.
9. Physical Instructor, RIMS, Imphal.
10. The Photographer, RIMS, Imphal.
11. The Media Advisor, RIMS, Imphal.
12. The Liaison Officer i/c, RIMS, Imphal.
13. The System Administrator, RIMS, Imphal – for uploading the above order and to send by email to all concerned.
14. The President/Secy. of RIMSSU, RIMS, Imphal.
15. All Notice Boards.
16. Concerned file.