

Director's Report on the 54th Foundation Day Celebrations RIMS, Imphal

It is a great honour to present before this august gathering a brief Report on the activities and developments of the Regional Institute of Medical Sciences (RIMS), Imphal, for the year 2024–25. On this day, our Institute completes 53 years of dedicated service to the nation since its establishment on 14th September 1972. Guided by its founding objectives, RIMS has strived to impart, promote, and disseminate knowledge in medical sciences, including super-speciality and advanced learning as well as dental and nursing education. The Institute has also worked tirelessly to establish and manage well-equipped hospital to provide comprehensive healthcare of excellence, encompassing prevention, diagnosis, treatment, cure, and rehabilitation for the people of this region.

Academic performance and related activities

The Institute offers MBBS courses with an annual intake of 125 students (with a proposal to increase to 150 from the next academic session), MD/MS programmes with 166 seats across 25 disciplines, DM/M.Ch. courses in Plastic Surgery (1 seat), Urology (2 seats), and Nephrology (2 seats), BASLP (10 seats), B.Sc. (MLT) (15 seats), and B.Sc. (MRIT) (5 seats). In addition, the Institute offers MD in Sports Medicine and M.Phil. in Clinical Psychology (6 seats). The Dental College admits 50 students annually to its BDS course, while the College of Nursing offers B.Sc. (Nursing) (50 seats) and M.Sc. (Nursing) (10 seats). The Institute submitted proposal for increase of M. Ch. seats from 2 to 4 in Urology and 1 to 3 in Plastic and Reconstructive Surgery and M D seats in Pathology from 6 to 8.

As on 31st March 2025, the Institute has on roll 625 undergraduate medical students, 463 postgraduate students, 9 DM/M.Ch. students, 179 BDS students, 154 B.Sc. (Nursing) students, and 28 M.Sc. (Nursing) students. Over the years, RIMS has produced a cumulative total of 3,975 medical graduates, 2,354 specialist doctors, 38 DM/M.Ch. super-specialists, 85 M.Phil. graduates in Clinical Psychology, 283 BDS graduates, 427 B.Sc. (Nursing) graduates, and 63 graduates in BASLP, B.Sc. (MLT), and B.Sc. (MRIT). This remarkable contribution to the nation's healthcare system is the result of the tireless dedication of our faculty in imparting quality education and training to students from across the country.

The Institute enforces strict policy of zero tolerance against ragging through awareness programmes, complaint mechanisms, Anti-Ragging Week, interactive sessions, etc. All hostels are under CCTV surveillance.

Infrastructure, Equipment, and Healthcare Advancements

During the year, several modern facilities and advanced medical equipment were added, significantly strengthening healthcare delivery and medical education. These include:

- ❖ Neuro Navigation System Machine – the first in Manipur and the second in the entire North-East – installed at the CTVS OT Complex.
- ❖ Vitrectomy Machine, OCT Angioplex, and Fundus Camera (FFA and ICG) for the Department of Ophthalmology.
- ❖ C-ARM Machine (ZIEHM VISION RFD 3D) for the Department of Orthopaedics.
- ❖ 120W Holmium Laser (LUMENIS) for advanced urological procedures.
- ❖ Optical Biometer (IOL Master 700) for precise ophthalmic measurements.
- ❖ Fibro Scan Machine for early detection and monitoring of liver diseases.

- ❖ Portable Echocardiography Machine for bedside evaluation of cardiac conditions.
- ❖ Equinox-100 Teletherapy Unit, HDR Brachytherapy Unit, Conventional Simulator, and Manifold & Oxygen Pipeline System for cancer care.
- ❖ State-of-the-art Modular OT Complex for Plastic Surgery.
- ❖ 60 High-End C-ARM Compatible Stretcher Trolleys for OTs and ICUs.
- ❖ Patient Registration Kiosk Machines at the General OPD.
- ❖ New 10-bedded Sports Medicine Ward and 150-bedded Undergraduate Girls' Hostel (Ladies Hostel–III).
- ❖ Dedicated 2×5 MVA, 33/11 KV Sub-station constructed within the RIMS campus.
- ❖ A Genetic Laboratory at the Department of Anatomy and a Tobacco Cessation Centre at the Dental College
- ❖ Renal Transplantation was initiated in August 2024 with 6 (six) successful procedures to date.
- ❖ Open Heart Surgery has also commenced, with Paediatric and 3 (three) adult surgeries were successfully performed.
- ❖ The Institute has also been designated as the 13th Centre of Excellence for Rare Diseases under NPRD 2021, entitling eligible patients to free treatment up to ₹50 lakhs.

During the period, RIMS recorded 4,44,168 OPD attendances, 1,31,932 casualty visits, 44,653 surgical cases, 6,034 deliveries, and 53,496 admissions. Thirty-two health camps were conducted across the state to reach underserved and internally displaced communities.

Under national health schemes, RIMS Hospital provided free treatment to 10,102 patients under PM-JAY and 6,409 patients under CMHT, in addition to extending cashless treatment facilities under ECHS to ex-servicemen and their dependents.

I take this opportunity to place on record my sincere appreciation to our doctors, nurses, and support staff, who rendered yeoman service despite shortages in nursing and support manpower, and continued to provide life-saving care with dedication and compassion.

Research Achievements

In addition to patient care, the faculty actively promoted a culture of research and innovation. During 2024–25:

- 74 conferences, seminars, workshops, and CME programmes were organized.
- 65 research projects were undertaken in collaboration with national and international institutions such as ICMR, DBT, AIIMS, WHO, MeitY, and DHR.
- 194 research papers were published in reputed journals.

Institutional Developments

Regarding INI status, the Ministry has intimated that the Health Institutions of National Importance Bill, 2024, is presently under active consideration. Once this Bill is enacted, the Government may, by notification in the Official Gazette, establish such institutions as INI. It was further informed that the in-principle approval of the Hon'ble Health and Family Welfare Minister has been obtained for initiating the proposal to declare RIMS, Imphal as an INI.

The Institute has also submitted a proposal for the creation of 52 new faculty posts and establishment of 11 full-fledged super-specialty departments.

The Executive Council of the Institute has also approved a comprehensive Master Plan for redevelopment of the 258-acre RIMS campus, to be implemented in three phases over eight years. Phase-I includes a 750 bedded General Hospital, Library cum Skill lab, Faculty guests house (20 units), Residential quarters, Mortuary and Animal House. A 500 bedded Super Speciality Block, a 150 bedded Cancer Hospital, Married Doctors' Residence, PG Gents/Ladies Hostels and a Multi-Level Car parking are proposed in Phase-II, while Type-III & IV Residential Quarters, Casualty block and New Academic block are proposed in Phase-III. With the project now set in motion, we look forward to a transformative era where RIMS will emerge as one of the foremost medical institutions in the country.

Awards, Prizes & other Achievements

- The faculty of the Dental College of the Institute got four patents in MMD Colour Coded Periodontal Probe, Precision MMD Periodontal Colour Coded Probe with Temperature Measurement, Manual Periodontal Probe with a Digital Read out Monitor and T-shape Dental Suction Tip.
- Dental College, RIMS was awarded for outstanding Performance by the Ministry of Health and Family Welfare on the occasion of the World Oral Health Day 2024.
- The Dental College got the 1st prize under Nanhi – Muskan (Little Smile) Project by the Indian Society of Pedodontics and Preventive Dentistry, and 1st prize (Consolation Prizes) under World Oral Health Day Celebration 2024, by the Indian Society of Pedodontics and Preventive Dentistry.
- For the first time, the Practical Examination of the Diplomate of National Board (DNB) in the specialty of the Direct 6-Year Course in Plastic Surgery was successfully conducted at RIMS, Imphal with transparency, fairness, and the highest academic standards. This milestone not only assessed the competency of future specialists but also underscored RIMS, Imphal's growing role and commitment to excellence in postgraduate medical education and training at the national level.

Conclusion

I extend my deepest gratitude to the Ministry of Health & Family Welfare, Government of India, for their continued guidance and support. I also place on record my appreciation for the unwavering commitment of our faculty, doctors, nurses, administrative staff, and support personnel, who together embody the spirit of RIMS, Imphal.

With collective dedication, we shall continue to strive towards excellence in medical education, research, and healthcare delivery, strengthening RIMS' role as one of the premier medical institutions of the country.

Long Live RIMS, Imphal!

Jai Hind!

Imphal,
the 14th September, 2025

(Prof. G. Sunil Kumar Sharma)
Director, RIMS, Imphal