



**क्षेत्रीय आयुर्विज्ञान संस्थान, इंपाल: मणिपुर**  
**REGIONAL INSTITUTE OF MEDICAL SCIENCES, IMPHAL, MANIPUR**  
 (स्वास्थ्य और परिवार कल्याण मंत्रालय, भारत सरकार के अंतर्गत एक स्वायत्त संस्थान)  
 (An Autonomous Institute under the Ministry of Health & Family Welfare, Govt. of India)

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## **CIRCULAR**

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**No. GEN/MISC/80/2025-Gen Sec:** The Regional Institute of Medical Sciences, Imphal, shall observe the days specified in the **ANNEXURE-I** as **GENERAL HOLIDAYS**, **ANNEXURE-II** as **RESTRICTED HOLIDAYS** and **ANNEXURE-III** as **HEALTH AWARENESS DAYS** for the Calendar year 2026.

2. This issues with the approval of the Director, RIMS, Imphal.

(R.K. Mecolt Singh)  
 Deputy Director (Admn.)

Copy to:-

1. The P.S. to the Director – for kind information.
2. The Medical Supdt., RIMS Hospital, Imphal.
3. The Dean (Academic) i/c, RIMS, Imphal.
4. The Principal Dental College, RIMS, Imphal.
5. The Principal, College of Nursing, RIMS, Imphal.
6. All Heads of Departments/Sections/Units, RIMS, Imphal.
7. The P.S. to Deputy Director (Admn.), RIMS, Imphal.
8. The C.A.O./F.A., RIMS, Imphal.
9. The Section officer (H-III), Ministry of Health & Family Welfare, Govt. of India, New Delhi.
10. All Hostel Warden, RIMS, Imphal.
11. Library & Information Officer i/c, RIMS, Imphal
12. The Chief Nursing Officer i/c, RIMS, Imphal.
13. Asst. Engineer (Civil)/(Elect.), RIMS, Imphal.
14. All Section Officers, RIMS & RIMS Hospital, Imphal.
15. The Photographer, RIMS, Imphal.
16. The Media Advisor, RIMS, Imphal.
17. The Liaison Officer i/c, RIMS, Imphal.
18. The Steward, RIMS, Imphal.
19. The System Administrator, RIMS, Imphal – for uploading the above order and to send by email to all concerned.
20. All Notice Boards,
21. Concerned file.

**ANNEXURE-I:**  
**LIST OF GENERAL HOLIDAYS FOR THE YEAR 2026 FOR RIMS, IMPHAL**

<b>Sl. No.</b>	<b>Festival / Occasion</b>	<b>Date</b>	<b>Day</b>
1	New year	01 January 2026	Thursday
2	Republic day	26 January 2026	Monday
3	Yaoshang	03 March 2026	Tuesday
4	Sajibu Cheiraoba	19 March 2026	Thursday
5	Good Friday	03 April 2026	Friday
6	Cheiraoba	14 April 2026	Tuesday
7	Idul Zuha (Bakrid)	27 May 2026	Wednesday
8	Rath Jatra (Kang)	16 July 2026	Thursday
9	Patriot's Day	13 August 2026	Thursday
10	Independence Day	15 August 2026	Saturday
11	Janma Ashtami	04 September 2026	Friday
12	Gandhi Jayanti	02 October 2026	Friday
13	Durga Ashtami	19 October 2026	Monday
14	Diwali/Deepawali	09 November 2026	Monday
15	Ningol Chakouba	11 November 2026	Wednesday
16	Christmas	25 December 2026	Friday

**ANNEXURE-II**  
**LIST OF RESTRICTED HOLIDAYS FOR THE YEAR 2026 FOR RIMS, IMPHAL**

Sl. No.	Festival/Occasion	Date	Day
1	Gang Ngai	01 January 2026	Thursday
2	Makar Sankranti / Pongal	14 January 2026	Wednesday
3	Guru Gobind Singh' Birthday	20 January 2026	Tuesday
4	Saraswati Pujah	23 January 2026	Friday
5	Maha Shivratri / Lui-Ngai-Ni	15 February 2026	Sunday
6	Yaoshang 4th day	07 March 2026	Saturday
7	Jamat-ul-Vida	20 March 2026	Friday
8	Id-ul-Fitr	21 March 2026	Saturday
9	Ram Navami	26 March 2026	Thursday
10	Mahavir Jayanti	31 March 2026	Tuesday
11	Khongjom Day	23 April 2026	Thursday
12	May Day/Buddha Purnima	01 May 2026	Friday
13	Birth Day of Rabindranath Tagore	09 May 2026	Saturday
14	Muharram	26 June 2026	Friday
15	Kanglen (Purnajatra)	24 July 2026	Friday
16	Milad-un-Nabi	26 August 2026	Wednesday
17	Raksha Bandhan	28 August 2026	Friday
18	Ganesh Chaturthi	14 September 2026	Monday
19	Jananeta Irawat Birth Day	30 September 2026	Wednesday
20	Mera Chaoren Houba	11 October 2026	Sunday
21	Dussehra	20 October 2026	Tuesday
22	Kwak Jatra	21 October 2026	Wednesday
23	Mera Houchongba	26 October 2026	Monday
24	Kut	01 November 2026	Sunday
25	Naraka Chaturdasi	08 November 2026	Sunday
26	Govardhan Puja	10 November 2026	Tuesday
27	Guru Nanak's Birthday	24 November 2026	Tuesday
28	Nupilal Day	12 December 2026	Saturday
29	Christmas Eve	24 December 2026	Thursday
30	Post Christmas	26 December 2026	Saturday
31	New Year's Eve	31 December 2026	Thursday

**N.B.:** Not more than 2 (**two**) Restricted Holidays can be availed by RIMS employees in a calendar year and applications for availing such holidays should be made well in advance. As per the CCS (Leave) Rules, 1972. There will be 8 days of Casual Leave (CL) in a Calendar year.

**ANNEXURE-III**  
**LIST OF HEALTH AWARENESS DAYS FOR THE YEAR 2026 FOR RIMS, IMPHAL**

<b>Month &amp; Date</b>	<b>Awareness Event</b>
<b>January</b>	
Jan-29	World Leprosy Day (Last Sunday of every January)
<b>February</b>	
Feb-04	World Cancer Day
Feb-13	International Epilepsy Day (Every year on 2nd Monday of February)
<b>March</b>	
Mar-03	World Hearing Day
Mar-12	World Glaucoma Day
Mar-20	World Oral Health Day
Mar-24	World Tuberculosis Day
<b>April</b>	
Apr-02	World Autism Awareness Day
Apr-07	World Health Day
Apr-19	World Liver Day
<b>May</b>	
May-03	World Asthma Day
May-04	World Obesity Day
May-17	World Hypertension Day
<b>June</b>	
Jun-05	World Environment Day
Jun-14	World Blood Donor Day
Jun-21	International Day of Yoga
<b>July</b>	
Jul-11	World Population Day
Jul-15	World Plastic Day
Jul-28	World Hepatitis Day
<b>August</b>	
Aug 01 to 07	World Breast Feeding Week
Aug-13	World Organ Donation Day
<b>September</b>	
Sep-08	World Physiotherapy Day
Sep-10	World Suicide Prevention Day
Sep-17	World Patient Safety Day
Sep-21	World Alzheimer's Day
Sep-29	World Heart Day
<b>October</b>	
Oct 01 to 31	Breast Cancer Awareness Month
Oct-10	World Mental Health Day
<b>November</b>	
Nov-14	World Diabetes Day
Nov 18 to 24	World Antimicrobial Awareness Week
<b>December</b>	
Dec-01	World AIDS Day
Dec-03	International Day of Persons with Disabilities