



क्षेत्रीय आयुर्विज्ञान संस्थान, इंपाल: मणिपुर
REGIONAL INSTITUTE OF MEDICAL SCIENCES, IMPHAL, MANIPUR
 (स्वास्थ्य और परिवार कल्याण मंत्रालय, भारत सरकार के अंतर्गत एक स्वायत्त संस्थान)
 (An Autonomous Institute under the Ministry of Health & Family Welfare, Govt. of India)

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CIRCULAR

No. GEN/CEB/4/2025-DDA: The International Day of Yoga (IYD) 2025, will be celebrated on the 21st June, 2025, at Gymkhana, RIMS, Imphal, **from 6.30 am onwards**, with the theme "**Yoga for One Earth, One Health**", as per the guidelines issued by the Ministry of Ayush, Government of India.

2. The program details are given as below:-

- 6:15 am:** Arrival of dignitaries
- 6:20 am:** Welcome address
- 6:30 am:** Live streaming of Hon'ble Prime Minister's Address
 - : Speech by Shri Y. Rajendra Singh, J.S., M/ Health & Family Welfare
 - : Speech by Director, RIMS, Imphal
 - : Vote of thanks by Medical Superintendent, RIMS, Imphal.

This will be followed by the following Yoga performances:-

- : Yoga with Ms. Molthoinu - a short introduction to Yoga for overall health and well-being
- : Artistic Yoga Demo
- : Performing Yoga protocols.

3. The Dean (Academic), Principals of Dental College/College of Nursing, Heads of Departments/Units, faculty members, Chief Nursing Officer, officials, staff and students are requested to attend the function in time.

(R. K. Mecolt Singh)
 Deputy Director (Admn)

Copy to:-

1. The PS to Director, RIMS, Imphal for kind information of the Director.
2. Medical Superintendent, RIMS Hospital, Imphal.
3. Dean (Academic), RIMS, Imphal.
4. Principal, Dental College/College of Nursing, RIMS, Imphal.
5. Head of Departments/Units, RIMS, Imphal.
6. Nodal Officer, SAP/KayaKalp, RIMS, Imphal.
7. All Hostel Wardens, RIMS, Imphal.
8. P.A. to Deputy Director (Admn.), RIMS, Imphal.
9. P.A. to Chief Accounts Officer/FA, RIMS, Imphal.
10. Physical Instructor, RIMS, Imphal.
11. Liaison Officer, RIMS, Imphal.
12. System Administrator, RIMS, Imphal - *For uploading the Circular on RIMS Website and sending by e-mail to all concerned.*
13. Photographer/Media Cell, RIMS, Imphal.
14. Steward, RIMS Hospital, Imphal.
15. Vice-President, CRED/Chief Security Officer, MSS, RIMS, Imphal.

